SIUT organized a walk to bring awareness about deceased organ donation in collaboration with Human Organ Transplantation Authority Pakistan (HOTA), Pakistan Society of Nephrology (PSN), Pakistan Association of Urological Surgeons (PAUS), and Transplantation Society of Pakistan (TSP).

People representing all walks of life including transplanted patients, prominent citizens and iconic personalities assembled at Mazar-e-Quaid to participate in the awareness campaign for Deceased Organ Donation.

Speaking on the occasion Dr. Adibul Hasan Rizvi, Director (SIUT) said that the walk was aimed to promote wider awareness in the society for the need of organs from deceased donors to help save lives of patients dying of end stage organ failure.

He urged the people to come forward and introduce the subject to family and friends about organ donation to encourage them to pledge their organs by being a registered donor.

He said that "deceased organ donation is becoming an important human issue in our society, since every year two hundred thousand (200,000) people in the country die of organ failure. "Deceased Organ Donation" can therefore give them a new lease of life. He pointed out that Pakistan is perhaps the only Muslim country where there is no deceased organ donation program.

He reminded the participants of the walk that the concept of organ donation after death is encouraged all over the world to save precious lives and that one donor can save and improve the lives of 8 or more people donating his or her organs.
Visitors to SIUT

Dr. Badar Mian
Dr. Badar Mian, Associate Professor of Urology, Albany Medical Center of Urology, New York, USA gave a lecture on *“Metastatic Prostate Cancer.”*

Dr. Sarwat Hussain
Dr. Sarwat Hussain, Professor of Radiology – University of Massachusetts, Worcester, USA gave a lecture on *“Healthcare Quality Improvement A Priority.”*

World Pharmacist Day at SIUT

The Pharmacy department of SIUT organized a one day seminar to bring awareness on Pharmacy Services. Manager Pharmacy Ms. Sidra Khan welcomed the guests and gave an overview of Pharmacy services at SIUT. Mr. Jibran Bin Yousef, Chief Pharmacist NICVD gave a lecture on Clinical Practice initiative in the Public Sector hospital. Ms. Nadia Ayub from AKUH talked about Role of Specialized Pharmacist in Oncology while Dr. Fakhreane Anjum, Associate Professor DUHS gave a lecture on Pharmacist, Physician Patient Triad.

Mr. Zaid Hashmi, Operation Head, AL Khidmat Pharmacy gave a talk on Current Scenario of Community, Pharmacy and Role of Pharmacist. Mr. Yasir Hashmi, GM Operations EHAD Health Care Pharmacy talked about Role of Pharmacist in Health Care Supply Chain Management. Ms. Ayesha Mushtaq, Head Regulatory Affairs highlighted Role of Regularity Affairs in Pharmaceutical Business and Dr. Obaid Ali, Federal Drug Inspector gave a Plenary talk on Transformation in Pharmacy and Pharmaceutical Sciences. A large number of Pharmacists and Technicians attended the Symposium.

Sindh Institute of Urology and Transplantation

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SIUT's Concept: Community, Patient, Doctor, Government Partnership
Supreme Court asks the government to enforce recommendations of the Select Committee to curb illegal transplant of organs and promotion of deceased organ donation in Pakistan

A three judge bench of the Supreme Court of Pakistan headed by the Chief Justice Mian Saqib Nisar appointed a committee under the aegis of the Law and Justice Commission of Pakistan to organize a workshop and conference involving all stake holders to address the issues of illegal transplants and deceased organ donation and give recommendations.

The committee members included Dr. S. Adilb ul Hasan Rizvi, Director SIUT, Dr. Muhammad Rehman Awan, Secretary Law and Justice Commission of Pakistan, Mr. Munir A Malik, Advocate Supreme Court of Pakistan, Dr. Mirza Naqi Zafar, General Secretary, Transplantation Society of Pakistan, Dr. Anwar Naqvi, Professor of Urology, SIUT, Mr. Syed Nayoar Abbas Rizvi, Additional Attorney General Pakistan, and Mr. Imran Ahmed, Director Legal, HOTA Punjab.

This conference was held at SIUT where participants included members of the Medical Profession, members of the Judiciary and Legal Profession, Representatives of the Civil Society and members of the Law Enforcing Agencies. Four workshops were organized;

1. **Legal and government,**
2. **Professional and deceased organ donation,**
3. **Civil society reaching out to the people,**
4. **Role of media in public education.**

The recommendations given by the workshops were summarized and submitted to the Supreme Court. The Supreme Court asked the Federal and Provincial Governments to enforce the following recommendations given by the Select Committee.

**Legislative Reforms**

To ensure that no transplant activities are conducted at places other than establishments recognized under the Transplantation Act and Rules be made for punishment under the general penal law. For this purpose, a following new section be incorporated in the Pakistan Penal Code through an Act of Parliament exercising of power under Article 142 of the Constitution:

1. **374A:** Punishment for commercial dealings in human organ, tissue and cells shall be imprisonment for a term which may extend to 14 years and with fine which may extend to 10 million rupees.

2. Accordingly, Schedule II of the Code of Criminal Procedures may be amended to make subject offence non-compoundable, non-bailable and cognizable. The schedule of the FIA Act may also be amended accordingly.

3. Relevant rules may be amended to provide that all brain deaths diagnosed by competent professionals should be reported to HOTA and care of brain death person should be made mandatory as per international protocols till the family decides for or against donation.

**Administrative actions required by the Governments**

The Federal and Provincial to Governments should take necessary measures to:

1. **Strengthen and enhance the capacity of their respective Human Organ Transplant Authorities (HOTAs) and Monitoring Committees.**
2. **Proactively promote deceased organ donation and to establish protocols consistent with the international standards defining criteria establishing as to when brain death is said to have occurred;**
3. **Recognize that the state is duty bound to ameliorate poverty and exploitation that compels a person to agree to sell his or her organs;**
4. **The structure of HOTAs, its network and overall functionality is the responsibility of each Government and should be subject to periodic performance review.**

**Administrative actions required to be done by respective HOTAs**

1. **HOTA is to promote donation of organs to be harvested from persons certified as brain dead in accordance with protocols that are internationally accepted and are credible to the family of the deceased donor;**
2. **For the purpose of deceased organ donation, HOTA to establish National and Provincial Registries at state expense to create a deceased donor database, a database of potential recipients and to prescribe methods for the sale and efficient harvesting of such organs and for their equitable allocation and transplantation;**
3. **Registration and recognition should be in respect of designated premises where organs and tissue / cells may be removed or transplanted and recognized establishment may only operate from the designated premises. A fresh registration shall be required when an establishment opens, changes or adds up places for its operation;**
4. **Support the public hospitals in providing free of cost transplantation to all indigent patients and provide lifelong care to living donors and recipients.**
Effective Enforcement of Law

1. To establish vigilance committees having capacity to undertake immediate action against any breach of Transplantation laws and to promptly coordinate with the Secretary of the Monitoring Authority.

2. In case of brain death of donors the respective police surgeons to provide guidelines of the procedures to be followed before removing organs of deceased donors. In situations where medico-legal cases are pending police surgeons to be made part of the procedures for brain death diagnosis;

3. To encourage victims to come forward as whistle blowers. For that purpose the law enforcing agencies and prosecutors ought to establish guidelines as to when to prosecute the whistle blower or when to make him or her a witness against others charged with partaking in unlawful transplants or aiding, assisting or abetting in such activity;

4. All monitoring authorities should ensure that the evaluation committees of the recognized establishments enjoy credibility and shall periodically audit their decisions;

5. The respective HOTAs must establish round the clock communication centers where violation can be reported;

6. Secretary of the Monitoring Authority should be required to dispose of complaints within 24 hours.

Public Outreach

Institutionalization of deceased donor program to enable all the citizens desirous to join the deceased donor program to exercise the option of making a lifetime gift of such organs and to publicly recognize the families of the deceased donors through the award of medals and certificates.

Action desired from the Media Regulators and Owners of Print and Electronic Media

The Pakistan Electronic Media Regulatory Authority [PEMRA] and the All Pakistan Newspapers Society [APNS], The Council for Pakistan Newspaper Editors (CPNE), the Pakistan Federal Union of Journalists [PFUJ] and Pakistan Television [PTV] ought to sensitize the general public on the imperatives of deceased organ donation, to educate the public that donation of organs is followed in all Islamic countries, to expose the sale and illegal transplantation of organs and to encourage the mass media to disseminate public service messages promoting deceased organ donation.

Acknowledgement

The committee appointed by the Supreme Court under the aegis of the Law and Justice Commission of Pakistan to address and give recommendations to curb illegal Transplant of Organ and to Promote Deceased Organ Donation. SIUT wishes to acknowledge the contribution of the following individuals who took part in the two day Conference & Workshop at SIUT in the following areas.

Participant of Workshops

Legal and Government

Mr. Muneer A Malik-Lawyer, Justice (R) Majida Razvi-Justice (R) High Court of Sindh, Mr. Syed Nayar Rizvi-Additional Attorney, Mr. Adil Fayyaz-Legal Advisor, HOTA, Mr. Amir Zaman Jogezei, Prosecution General, Balochistan, Dr. H R Ahmad-SIUT, Dr. M Khan Baber-QMIS, Mr. Munzoor Akhtar-High Court (Advocate), Dr. Muhammad Raheem Awan- Secretary Law & Justice Commission, Mr. Shakeel Durani-FIA Islamabad, Mr. Zar Muhammad-Advocate, Dr. Alijazz Ahmed Khanzadeh-Administrator HOTA Sindh Health Dept, Dr. Arshad Nawaz-Acting Secretary (PMDC), Mr. Hameed Ullah Khan-Law, Mr. M Naveed Umar Bhatti-Office of Prosecutor General Punjab, Mr. Mirvais Niaz-Hameed Ullah Khan-Lawyer, Mr. M Naveed Umar Bhatti-Office of Prosecutor General Punjab, Mr. Mirvais Niaz-
Deceased Organ Donation Awareness Lectures at places of Worship

SIUT has launched a DOD awareness program for Schools, Colleges and places of Worship. Lectures were held at St. Anthony’s Church, Cantonment and Sacred Heart Church, Keamari.

The SIUT team was received by the Parish Priest Rev. Fr. Edward Joseph at St. Anthony’s and Parish Priest Rev. Fr. Nadeem Payaralal at Sacred Heart Churches. SIUT team was extended complete support for these activities at both the Churches. A similar program was held at Devi Mandir, SIUT Team was received by Mahraj, Granth Sahib and Committee Members who extended their cooperation to hold these activities in their Temples.

Stalls were also put up for the congregation members to pledge as organ donor. Photographs of donors who pledged were taken and given to them. Organ Donor Forms and information material was distributed to all present.

The DOD team comprised of Dr. Murl Dhar, Dr. Nasir Luck, Dr. Farina Hanif, Dr. Haidar Mehdil, Dr. Abbas Ali, Dr. Mudassir Laeeq, Dr. Sandeep, Dr. Sanjay, Ms. Diana Joseph, Ms. Marlyum Zahid, Mr. Liaquat Ali and Ms. Lovita Fernandes, including DME staff members and volunteers from ZA School of Medical Technology.

SIUT highly appreciates the help and support and our thanks go to Rev. Fr. Edward Joseph, Rev. Fr. Nadeem Payaralal and Cathechist Younus Rahi, Mahraj and Granth Sahib.

Officers of National Institute of Management (NIM)

A group of officers of the National Institute of Management (NIM) Government of Pakistan, Quetta visited SIUT as part of their orientation program.

In all 41 officers of federal and provincial governments attended the presentation about SIUT’s services. Prof. Anwar Naqvi who delivered the welcome speech, gave an insight into the SIUT’s functionality and its philosophy of providing free care with dignity and compassion. Later, Prof. Mirza Naqvi Zafar highlighted the services of different departments of SIUT and also about the upcoming projects. The talk was followed by a question and answer session, in which the participants took part with great interest and enthusiasm. The guests greatly appreciated and lauded the services being provided by the SIUT.

Later, the guests were taken on a round of different facilities of SIUT by a team that included Dr. Wasim Khan, Liaquat Ali, Razi Ahmed and Naveeda Nizam.

You Can Help!
Pledge to be an Organ Donor

Sindh Institute of Urology and Transplantation
Civil Hospital, Karachi-Pakistan
Phone #: 021 111 429 284, (111- HAYATI)
website: www.tx-society-pk.org
email: info@tx-society-pk.org
A yearly course that highlights the latest developments is a joint effort of SIUT and Westmead Hospital Sydney. The three-day course included lectures, interactive sessions on Clinico-Pathological Case Presentations, Ward rounds, Transplant and Nephrology clinics and vascular surgeries.

Prof Jeremy Chapman, the visiting renal physician from Australia, who is also the Editor-in-Chief of the Transplantation Journal discussed various topics including assessing the donor and recipient for transplantation, Transplant infections and long term outcomes of Transplants.

Dr. John Swinnen, Vascular Surgeon at Westmead Hospital, gave lectures on setting up a Fistula service and how to improve dialysis therapy in developing countries.

Ms. Deborah Knagge, Renal Access Coordinator at Royal North Shore Hospital in Sydney talked about Clinical assessment of AV fistula and needling techniques and Ms. Donna Oomens, Senior Sonographer at the Department of Vascular Investigations and Management, Westmead Hospital gave a lecture on The role of ultrasound in vascular access.

Earlier Prof Adib Rizvi, Director SIUT welcomed the guest speakers. SIUT was represented in the course by Dr. Ejaz Ahmed, Dr. Bux Ali, Dr. Tahir Aziz, Dr. Khawar Abbas, Dr. Muhammad Mubarak and other faculty members.

Every year SIUT observes the World Hepatitis Day to bring awareness about Hepatitis Virus infections and their complications. This year World Hepatitis Day was observed on July 27, 2018. Over 250 people from all walks of life visited SIUT to avail the free screening by blood tests for Hepatitis B and C, physical Examination and Ultrasound. The theme of 2018 was "Eliminate Hepatitis" pledging to wipe out the disease globally by 2030. The prime objective to observe the World Hepatitis Day is to raise awareness regarding the global issue of hepatitis, and to create awareness among the masses about the disease and its prevention. In recent years new oral medications have revolutionized the treatment response of Hepatitis C. Therefore, prompt diagnosis and treatment can bring about long lasting results. Eliminating Hepatitis C from Pakistan is achievable if the government supports the program.

During the daylong proceedings, visitors were screened for Hepatitis B and C by blood tests, vaccination and ultrasound of the abdomen to ascertain the possibility for any liver disease. Moreover, the visitors were shown awareness videos in different languages to educate them about the mode of transmission, treatment and preventive methods of hepatitis. Great emphasis was given on the use of boiled water for drinking, practice of hand washing before eating and after using washroom and changing diapers, using new syringes, razor blades and sterilization of dental and surgical equipment. Medical experts specializing in the field of Hepatitis treatment and liver diseases were available to answer the queries of the visitors. SIUT faculty included Dr. Nasir Luck, Dr. Farina Hanif, Dr. Mudassir Laseq, Dr. Zain, Dr. Ghulamullah, Dr. Shoaib, Dr. Adeel Shah, Dr. Taha and Ms. Kehkashan.

Healthy change in the basic lifestyle and comprehensive dietary advice was also extended to visitors as a part of preventive measures.
SIUT in collaboration with the Pakistan Nutrition and Dietetic Society (PNDS) organized a two-day course on Total Parenteral Nutrition (TPN). The course was designed to provide the current conceptual and operational knowledge to healthcare providers interested in the provision of parenteral nutrition therapy.

The course was organized with an aim to enlighten doctors, pharmacists, nurses and dietitians about the optimum nutrition which can be provided with the multidisciplinary team. This aspect of coordination and communication between medical professionals is prudent for an improved patient outcome.

Prof. Adibul Hasan Rizvi, Director SIUT welcomed the participants and explained the philosophy of SIUT to provide tertiary medical care free with dignity. The speakers of the two day course were Ms. Ainsley Malone, Nutrition Support Dietitian, Pharmacy Department, ASPEN Mount Carmel West Hospital, Columbus, and Clinical Practice Specialist, ASPEN, Silver Spring, USA. Prof. Ali Aqshar Lwewala, Department of Pediatric Nephrology (SIUT), Dr. S. Mudasser Lazeq Nazvi, Assistant Professor, Hepato Biliary Department, (SIUT), Mr. Muhammad Afif Waqar, Assistant Professor Internist, Geriatrician & Palliative Care Physician, Section Head of Palliative Medicine, Department of Oncology, Aga Khan University Hospital. Dr. Bilal Masood, Senior Lecturer, Dept of Urology, (SIUT). Dr. Samina Badar, Head Pharmacy Department Shaukat Khanum Cancer Hospital. Ms. Mozamila Mughal, Current Chair of Continuing Nutrition Education Committee, Pakistan Nutrition and Dietetic Society (PNDS) and Ms. Kehkashan Zehra, Incharge Department of Nutrition and Dietetics, (SIUT).

Highlighting the importance of the course, the experts stressed the need for provision of specialized nutritional care to the patients who are unable to meet their nutritional requirement orally.

Antimicrobial Stewardship Program (ASP) at SIUT

Antimicrobial Stewardship Program (ASP) is a coordinated program that ensures the appropriate use of antimicrobial (including antibiotics) and it enhances patient outcomes in terms of its management, reduces microbial resistance, and decreases the spread of infections caused by multidrug-resistant organisms.

To create awareness among clinicians and hospital pharmacist ASP SIUT conducted a seminar in collaboration with Medical Microbiology & Infectious Diseases Society of Pakistan (MMIDSP) and Pakistan Pharmacists Association, (PPA-Sindh) which focuses on irrational use of antimicrobial, which is one of the world’s most tenacious public health problem. SIUT is working with an objective to expand this program among other institutions to make a network across the city with other tertiary care hospitals.
### Donate To Save Lives

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Deposit your donation in any branch of the banks mentioned below. Please be sure to use the corresponding account number.

**Donate Via Courier**
Make your cheques and drafts payable to SIUT Trust and send it via courier to the given address.

**Donate Online**
Please visit www.siuot.org

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**Resource Generation and Outreach (RGO) Department**
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