Professor Jeremy Chapman, renowned Nephrologist, visits SIUT

Professor Jeremy Chapman, globally renowned Kidney physician visited SIUT in April 2013. The visiting professor, who is attached with the University of Sydney Australia, is the Clinical Director, Division of Medicine and Cancer, Westmead Hospital, Sydney. Dr Chapman is the former President of the International Transplant Society and Council member of the International Society of Organ Donation and Procurement. During his visit while speaking at the Sindh Institute of Urology and Transplantation (SIUT) on the topic of "global role of transplantation" he declared that commercialization is a major cause around the globe which is hampering the population to avail the benefits of organ transplantation.

He closed that according to a rough estimate some 50,000 people in a country like Pakistan lose their lives every year on account of organ failures. Professor Chapman while discussing the global scenario said countries like India, Philippines, Egypt and Colombia had been a great victim of menace of commercialization as their vulnerable population fell victim to this inhuman process.

He however pointed that countries like Colombia who checked the unlawful and unethical activities and brought strict regulation to tackle the problem, emerged as a success story. He stressed upon the fact that improved clinical facilities, prohibition of commercialization, defining ethical standards and self-sufficiency of organ donation can go a long way in providing medical relief to the people at large.

Earlier welcoming the visiting physician, Professor Adib-ul-Hasan Rizvi informed that SIUT is catering to 36% of the country’s dialysis load and 65% of

Maulana Edhi Allays Speculation about his Health Issue

Prominent social worker Maulana Abdus Sattar Edhi has declared that he is in a good condition......

Continued on Page 5

SIUT Remembers Ardeshir Cowasjee

March 2013: SIUT organized a memorial event “Remembering Ardeshir” for the late renowned journalist, intellectual and philanthropist “Ardeshir Cowasjee” at its Dewan Farooq Medical Centre. ..........

Continued on Page 4

World Kidney Day Observed at SIUT

March 2013, The World Kidney Day is organized all over the world to spread awareness on kidney diseases. ..........

Continued on Page 5
Editorial note

SIUT continues to expand its services to the extent of taking services to the door step of the patients. The community government partnership established in 1972, to day treats over a million patients each year at its centres across Pakistan. SIUT new slogan making impossible possible is a true representation of the spirit and dedication of Professor Rizvi and the SIUT Team.

How you can help...

SIUT provides all its services free of cost. We believe that no one should be deprived of access to health and proper medical care, which is a basic human right, based on his or her ability to pay. All are equal and all are entitled to the best care. Even though we provide our services free of charge, it is costing SIUT more and more every year to continue to provide these services as our patient load increases daily. You can help us by making a donation to the ‘Society for the Welfare of SIUT’ in the following way:

- Rs. 1,500 will cover the cost of a single dialysis session for a renal failure patient.
- Rs. 150,000 will provide year-long dialysis for one patient.
- Rs. 250,000 would enable one patient to undergo transplant surgery.
- Rs. 180,000 would provide year-long post-transplant anti-rejection drugs for one patient.
- Rs. 8,000 will cover the cost of one session of lithotripsy.

Help us to equip our new cancer hospital, Manfa Sulaiman Dawood Oncology Centre, SIUT.

SIUT News

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Events

Professor Jeremy Chapman (Continued from Page 1)

Transplant patients which is again a "successful model" of kidney transplantation in a developing country.

During his visit Professor Chapman took part in outpatient clinics, transplant rounds and clinicopathology meetings. Professor Chapman discussed possibility of a Westmead-SIUT Fellowships program to bring both seniors and junior staff to Australia for sharing of experiences. Dr Chapman praised the patient care at SIUT and declared that SIUT is second largest kidney transplant institute in the world after the institute in Sao Paolo, Brazil and one of the busiest specialist renal hospital globally.

Maulana Edhi Allays Speculation about his Health Issue (Continued from Page 1)

and leading a normal life by attending his daily routine commitments.

Talking to media at SIUT, Maulana Edhi an iconic personality of the society in view of his vast humanitarian activities, dispelled the speculations about his worsening health condition. He said "due to his long standing diabetes his kidneys were not functioning normally which led him to obtain dialysis support. He has been under care of SIUT for over last ten years.

World Kidney Day observed at SIUT Centres (Continued from Page 1)

This year the theme was "Kidneys for Life - Stop Acute Kidney Injury".

SIUT Pakistan organized this event at SIUT Karachi and SIUT Kathore as a part of worldwide celebration.

Maulana Abdul Sattar Edhi also graced the occasion and appreciated the efforts of SIUT in reaching out for awareness. He stressed upon the importance of regular medical checkup of disease and preventive measures. Edhi Sahab added that he himself is a regular visitor to SIUT for medical consultation.

On this occasion Prof. Adib Rizvi, Director SIUT said every year approximately 50,000 people in Pakistan die due to organ failure, out of which 20,000 due to renal failure, 15,000 due to liver failure, 8,000 from heart failure, and the rest due to failure of lungs and pancreas.

Dr. Rizvi said every year there is an alarming increase in the incidence of kidney failure. About 250-300 million people worldwide suffer from this disease. There is a 40% increase in the incidence of diabetes mellitus and hypertension which are one of the leading causes of chronic kidney failure. There is an urgent need for early detection through blood and urine tests, and kidneys ultrasound.

SIUT's Fifth Free Dialysis Facility Opens at Mehrunnisa Medical Centre at Korangi

Jan 2013: SIUT's network of providing free dialysis facilities has been further expanded with commencement of dialysis treatment at Mehrunnisa Medical Centre in Korangi.

The Centre spreads over an area of 9 acres of land in Korangi Creek which recently joined the folds of SIUT when its owner Mr Haroon Amdani, donated it to the Institute.

As a part of its laid down policy of providing free medical treatment to the patients suffering from the end stage kidney failure, SIUT will now be able to cater the needs of a vast population living in Landhi - Korangi and other adjoining vicinities.

The newly created unit has been named SIUT-Mehrunnisa Medical Centre. This centre was named by its owner after his wife and was constructed some years ago but was lying dormant. Recognizing the outstanding services of SIUT in the field of specialized medical care for the underprivileged segment of the population, the donor Mr Haroon Amdani decided to gift the centre to SIUT in order to enable it to expand its activities in remote parts of Karachi.

Prof. Rizvi presenting Album of visit to SIUT

Visit to Paediatric Nephrology OPD

World Kidney Day at Kathore 40 km. from Karachi

Counseling

Blood collection for screening.
Sindh Assembly’s Contribution to Stop Organ Transplantation Trade Hailed

March 2013: SIUT and Transplantation Society of Pakistan (TSP) have greatly hailed the active role played by the Sindh Assembly in banning the commercialization of organ transplantation by ratifying the Human Organ and Tissue Transplantation Law of 2010 at the provincial level.

Talking to the media, Professor Adibul Hasan Rizvi, President TSP pointed out that the province of Sindh has taken a lead as it is the first province in the country to ratify the law which is aimed to increase living and deceased organ donation; and check unfair practices and commercialization of organ transplantation. Also present at the media briefing were Justice (Retd.) Majida Rizvi and Faisal Edhi of Edhi Foundation.

Explaning the salient features of the ratified law, he said “the ratified law will enable any person who has signed his will to become an organ donor. In case if there is no such declaration available and the person has been declared “brain dead” in that case the living spouse or parents or adult member of the family are authorized to give consent to retrieve organs for transplant at any medical institution or hospital duly recognized by the monitoring authority.

Dr. Rizvi further informed that the role of “Evaluation Committee” has been further strengthened as the committee would comprise of surgical specialist, medical specialist, transplant specialist, nephrologist, neuro physician and two notables of outstanding public service record.

Justice Majida Rizvi and Faisal Edhi representing the civil society, who will also be part of the Evaluation Committee, also briefed the media and said the new law has also imposed severe punishment on anyone found indulging in human organ trade. The punishment shall come in the form of imprisonment for a term of ten years and a fine up to Rs one million, they added.

SIUT Remembers Ardesher Cowasjee

Rich glowing tributes were paid to Mr. Cowasjee on his tremendous humanitarian activities for Pakistan as a whole and Karachi in particular.

Prof. Adibul Hasan Rizvi, said that Mr. Cowasjee was a real friend of SIUT and in 1993 donated dialysis machines in the name of his wife. Subsequently he donated an entire hepatitis B positive dedicated dialysis unit in the name of his mother Mucca Cowasjee comprising of 24 machines. He also contributed maximally towards the SIUT lithotripsy unit by donating 4 lithotripsy equipments from which thousands of patients are getting quality stone treatment free of cost. Another feather to his cap was his contribution of Angiography equipment for the radiology unit to enable SIUT for providing a facility to thousands of needy and poor patients.

On this occasion Ms. Zubaida Mustafa, Ms. Zohra Yusuf, Dr. Kershaw Khambatta, Mr. Munir A. Malik, Mr. Zaffar Abbas, Mr. Iameed A. Haroon, Mr. Saeed Hasan Khan and Maulana Abdul Sattar Edhi also spoke on the occasion. They said that Mr. Ardesher Cowasjee had an extremely dynamic personality. He was a true and honest patriot who spent his entire lifetime in philanthropic work. He was a regular contributor to Dawn through his thought provoking articles and always tried his level best to highlight the wrong doings and misdeeds of corrupt bureaucracy and culprits in the society. Mr. Cowasjee’s family members, friends, large number of social workers and people from different walks of life participated in the event. A two minutes silence was observed in honor of Mr. Ardesher Cowasjee.

MIS Workshop conducted by visiting faculty

In the month of May 2013 SIUT was visited by guests from UK, Dr Shamim Khan and Dr Matin Sheriff. Dr Shamim is the Consultant Urologist at Guys and St. Thomas London and has the distinction of being OBE whereas Dr Mateen is the Professor of Urology at University of Kent. During a week long visit the distinguished surgeons had conducted and demonstrated surgical techniques related to surgical oncology, reconstruction and laparoscopic urology.

Dr Shamim is actively involved in Robotic surgery with special interest in Uro-oncology. At SIUT he had spent time in discussing finer points of technique and practically demonstrating them in OR with the fellow surgeons. He had done few cases of Cystectomy and Orthotopic bladder substitutions during his recent visit.

Dr Matin has a keen interest in Laparoscopic urology and is currently heading a fellowship programme of the same. He had visited SIUT early this year and is instrumental in teaching and guiding the surgeons here. He personally had mentored the surgeons learning the basics of this minimally invasive procedure and himself had done Laparoscopic Radical Prostatectomy and Adrenalectomy.
This year, we need Rs. 2.5 billion to keep the largest centre for Urology, Nephrology, G.I. and Hepatobiliary, Oncology and Transplantation alive, healthy and moving forward. Please help us again.


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